

# PARISH OF ST OSMUND

ST GREGORY + ST OSMUND

Part of the Clifton Diocese: Registered Charity 1170168 Company No 10462074

## ORDINARY TIME WEEK 19(B)

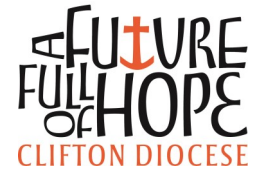
### From Father Anthony

It was impossibly hot and like the cheese on toast, before me, I was melting: but, the iced mint tea was delicious. The garden's head bowed in a collective droop under the heat but a few plants looked up accusingly at the sun as it began to slide towards the west. The gunslinger eyed me from the stump expecting a share of the toast... and got it! Young sparrows clung to the feeder, tucking into fat balls mixed with seeds; how choosy they were! discarding what they did not like. The ground was littered with leftover seeds... all hoovered up by Harry the Pigeon and mates.

Many of us are choosy about what we eat; the diet industry makes billions out of it. I sipped the tea and wondered if, as a spiritual community, we were as choosy about what we let into our minds, especially from the media and advertising. What sustains us interiorly; if we are on edge, unhappy, jealous, dysfunctional what is fuelling it all. The Gospel has an answer.

The Bread of Life (*what truly sustains us*) is connected with who we really are... our Christ centre, I Am, where we fuse with God. It is often experienced as conscience. However, the interior voice associated with this centre is frequently rejected (*is this not the carpenter's son*) because it does not accord with the world or our habitual view. Our spiritual voice gets silenced by our worldly, mental diet. The antidote for this is learning and practicing Discernment. Discernment is the *manna* from heaven. Manna in Hebrew literally means 'what is it?' *ma'n hu?* מן הוא. The substance Israel found on the ground was unknown to them and therefore they asked, *what is it? (probably like coriander seeds, and tasted like wafers with honey; tree resin)*. It was not eaten straight from the ground but processed into something like bread; something they could eat, digest and was good for them. Perhaps we have something to learn from this.

The modern world constantly throws stuff at us. As part of our spiritual practice should we not attempt to slow down and ask, about all the stuff we ingest mentally... *what is it?* What effect is it having on me? This will provide a space between us and what we are consuming. It will give the voice of Christ within a chance to be heard... and hopefully followed.



### PASTORAL TEAM

**Rev Anthony B Paris VF** (Parish Priest)  
01722 333581 or 07544 053785  
[anthony.paris@cliftondiocese.com](mailto:anthony.paris@cliftondiocese.com)

**Rev Jonathan Creer** (Pastor of Sarum  
Ordinariate & Assistant Priest)  
07724 896579

[jonathan.creer@cliftondiocese.com](mailto:jonathan.creer@cliftondiocese.com)

**Rev Joseph Columba Meigh**

(Assistant Priest)

01722 333581

[joseph.meigh@cliftondiocese.com](mailto:joseph.meigh@cliftondiocese.com)

**Rev John Detain** (Deacon)

01722 415588

[john.detain@cliftondiocese.com](mailto:john.detain@cliftondiocese.com)

**Rev Stephen Godwin** (Deacon)

07583 254488

[stephen.godwin@cliftondiocese.com](mailto:stephen.godwin@cliftondiocese.com)

**Rev John Proctor** (Deacon)

07802 631968

[john.proctor@cliftondiocese.com](mailto:john.proctor@cliftondiocese.com)

### Parish Office

Monday & Tuesday 0900 - 1600

**Wednesday CLOSED**

Thursday & Friday 0900 - 1600

**01722 562703**

**Caroline Williams**

[caroline.williams@cliftondiocese.com](mailto:caroline.williams@cliftondiocese.com)

**Désirée Coups**

[office@salisburycatholics.org](mailto:office@salisburycatholics.org)

**Tony Peters-Ennis**

[outreach@salisburycatholics.org](mailto:outreach@salisburycatholics.org)

### OUR CHURCHES

**St Osmund**

95 Exeter Street SP1 2SF

**St Gregory & the English Martyrs**

St Gregory's Ave SP2 7JP

**Chapel of the Good Shepherd**

Barford Lane, Downton SP5 3QA

### NEW TO THE PARISH?

We wish you a very warm welcome.

Please register online at:

<https://salisburycatholics.org>

"Registration/update"

THE ASSUMPTION OF THE BLESSED VIRGIN MARY THURSDAY 15 AUGUST  
HOLY DAY OF OBLIGATION

**Masses: 10am St Osmund, Midday St Osmund & 7pm St Gregory**

**Vigil Masses on Wednesday 14 August: 6pm St Osmund (Ordinariate) & Downton 6.30pm**

On November 1, 1950, Pope Pius XII defined the Assumption of Mary to be a dogma of faith: "We pronounce, declare and define it to be a divinely revealed dogma that the immaculate Mother of God, the ever Virgin Mary, having completed the course of her earthly life, was assumed body and soul to heavenly glory". The pope proclaimed this dogma only after a broad consultation of bishops, theologians and laity. There were few dissenting voices. What the pope solemnly declared was already a common belief in the Catholic Church. For more click on the image in the 'Top News' box or [click here](#).

**Exposition will follow the midday Mass at St Osmund with Benediction at the normal time of 6pm.**

ADOREMUS

The 2024 National Eucharistic Congress takes place at St Mary's College, Oscott on Saturday 14 September 2024. It has been scheduled to coincide with the 53rd International Eucharistic Congress in Quito, Ecuador from 8 – 15 September 2024. This enables us to unite in our parishes, and at Oscott, with the universal Catholic Church as we come before the Lord in the Blessed Sacrament.

Unlike Adoremus in Liverpool in 2018, this is not a public event, each diocese will be sending invited pilgrims.

The fact that there are limited, invitation-only places for Adoremus at Oscott doesn't mean that Catholics throughout England and Wales are excluded – far from it. News will follow on how we all can join with this event.

We also have on our webpage some of the key speeches from Indianapolis where in July they had their own National Eucharistic Congress. Click on the image in the Top News box or [click here](#).

**Saint Maximilian Kolbe 14 August** - Maximilian became a Franciscan in 1907 and devoted his life to fostering a devotion to the Blessed Virgin Mary. During World War II, Fr Kolbe hid as many as 2,000 Jewish and Polish people in his Polish monastery. In 1941, Maximilian was arrested by the Nazis who sent him to Auschwitz concentration camp. Here he gave his life for another man who had a family. For more on St Maximilian, click on the image in the 'Top News' box or [click here](#).

**St Joseph's School** have a part time vacancy for a Minibus Driver from September. All the details can be found by clicking on the image in the 'Top News' box, visiting our 'Blog' or just [click here](#).

**Save the Date – Curia Conference – Saturday 5 October 2024** - the Diocese are hosting a Curial Conference this autumn to provide an opportunity for parishioners to meet with members of the Curial departments and attend a variety of presentations and workshops. The event will be held on Saturday 5 October at St Bernadette's Secondary School, Bristol from 10.00am to 2.30pm, further details will be available at the beginning of September.

**Rosary in Salisbury Cathedral - Friday 16 August** - The Rosary is prayed by Catholics and Anglicans in Salisbury Cathedral on the third Friday of each month at 12 o'clock. The next meeting will be on Friday 16 August. If you would like to join us we meet in the Cathedral Refectory 1130-1150 before going into the Cathedral.

**My Generation** will be meeting next on Wednesday 21 August 2024 for a Buffet Lunch at 12.30pm in St Gregory's Church Hall. For further information please contact Chris on 01722 321109.

## FAMILY OF FAITH (INCLUDING FIRST HOLY COMMUNION 2024-5)

In the coming year, we want to make our children and young people the main pastoral focus for the parish. As part of that project, we will be changing the way we prepare our children to receive their first Sacraments of Reconciliation & Communion. Starting in October, we will be launching a new 'Family of Faith' community, which will be open to families with children in Years 2 to 5. This will include, but not be limited to, those preparing to make their First Holy Communion. We will meet on Sunday mornings, after the 9am Masses, at the new Parish Centre on Exeter Street. There will be a time of prayer, followed by separate activities for children, and input and discussion for parents, finishing at 12 noon. Much more information on this will follow, but for now... if you have children who will be in Years 2 to 5, and have not received an email from us this week, please get in touch with the Parish Office to register your interest.

You can also register by visiting our new web page 'Family of Faith' on our main menu or [click here](#). More resources will be added to this web page as they become available.

**Stations of Creation Walk – 1 September.** On this day we will be marking the Season of Creation, and you are invited to join other local Christians on a walk from Salisbury Cathedral to St George's Church at Harnham. During the walk we will stop at seven 'Stations'; following a reading and prayer, we will reflect on how our actions are affecting people and the natural environment. The walk starts from Mompesson House in the Cathedral Close at 2.00pm. Just come along, all are very welcome. The booklet for the walk can be found by visiting our ['Blog'](#) or you can [click here](#).

**Hope & Friendship Group** The group is for anyone experiencing grief or loss, even from a while ago. A friendly hour or so among people who will listen to one another with care and encouragement. Monday mornings 10.45 - Midday in the **Parish Centre**. Any questions? Call John Detain 01722 415588.

**Baptism Preparation Course** - The next course dates are 8 September at St Osmund and the 6 October at St Gregory. To register for a baptism, please click the Registration button on our homepage or [click here](#).

**Wedding Invitation** - many of you will know Harriet (Hattie) Allen who is a much-loved daughter of this parish. Harriet was a very active member of Salisbury Young Catholics and her dedication to faith-sharing with the youngest members of our parish was brought to fruition through the 'Searchlight' summer camps that she established in St Elizabeth Hall. Harriet and her fiancé Declan Carroll are set to marry in St Osmund's Church on Thursday 22 August at 1pm and parishioners are warmly invited to attend their nuptial Mass to join in prayer for God's blessings on their marriage. No need to respond, simply turn up on the day.

**Marriage Preparation** The next course is on 23/24 August and this will be the LAST one until next March. **Anyone wishing to marry in any of our churches between now until next March should attend THIS course.** Please tell anyone you know who may be planning to marry in the next year. Contact the Parish Office.

**Sunday Homily from Bishop Robert Barron** - on the reading of the sixth chapter of the Gospel of John, which is all about the Eucharist, here he reflects that life is like a long trip by car or plane which can be uncomfortable, even overwhelming. But we are heading somewhere else; we're on a journey. And on a long journey, you have to find sustenance to keep going. To watch and listen click on the 'Sunday Homily' button on our homepage or [click here](#).

**Children's Liturgy** from Catholic Kids Media: 'When You're Stuck' for this the 19th Sunday in Ordinary Time B. Click on the 'Children's Liturgy' button on our homepage or [click here](#).

## LITURGY THIS WEEK

Year B-2 Ordinary Time Week 19 Psalter 3

### Saturday 10 August

10:00 St Osmund MASS For family Mekemeke  
Kala & Luse

### First Mass of Sunday

18:00 St Gregory MASS Doris Phelan RIP

### SUNDAY 11 AUGUST

09:00 St Gregory MASS People of the Parish  
09:00 St Osmund MASS Thanksgiving for the Jacob family  
11:00 St Osmund MASS Francis Henry Smith RIP  
12:30 St Osmund Ordinariate MASS  
16:00 St Osmund Polish MASS  
18:00 St Osmund MASS Thanksgiving

### Monday 12 August

10:00 St Osmund MASS Marie Therese Farley RIP

### Tuesday 13 August

10:00 St Osmund MASS Mary Robson RIP

All Day Exposition of the Blessed Sacrament

18:00 St Osmund Benediction

### Wednesday 14 August Saint Maximilian Kolbe

10:00 St Gregory MASS Bishop Mervyn Alexander RIP

### Vigil Masses for The Assumption

18:00 St Osmund Ordinariate MASS  
18.30 Downton MASS Personal Intentions

### THURSDAY 15 August THE ASSUMPTION OF THE BLESSED VIRGIN MARY

10:00 St Osmund MASS Elizabeth Kane RIP  
12:00 St Osmund MASS

Followed by Exposition of the Blessed Sacrament

18:00 St Osmund Benediction

19:00 St Gregory MASS

### Friday 16 August

10:00 St Gregory MASS John Brook RIP  
15:00 St Osmund Wedding of Teresa Jones & Flynn Trotman  
19:00 St Osmund MASS Lily Mulcahy RIP

### Saturday 17 August

10:00 St Osmund MASS Josephine Kohlhofer RIP

### First Mass of Sunday

18:00 St Gregory MASS Lou Godwin RIP

## RECONCILIATION

St Gregory: Fridays after the 10am Mass & Saturdays  
17:30 until Mass

St Osmund: On the first Saturday of the month from 9am to 12  
noon, and on other Saturdays after the 10am Mass

## PRAYER & SCRIPTURE

### Pope Francis Intention for August

#### For political leaders

We pray that political leaders be at the service of their own people, working for integral human development and for the common good, especially caring for the poor and those who have lost their jobs. - [Click here](#)

**CLIFTON DIOCESE** We pray for the parishes of St Augustine of Canterbury (Downend), Our Lady of Lourdes & St Bernadette (Kingswood), St Lawrence (Chipping Sodbury) with St Paul (Yate, Bristol) .

#### PLEASE REMEMBER IN YOUR PRAYERS

Maire Anne D'Alton, Dennis Hardiman, Barry Shrimpton & Emma Middleton who died recently, and all those whose anniversaries of death occur at this time. May they rest in peace and rise in glory.

We also pray for all those in our parish currently facing ill-health that they will be granted comfort, healing and strength.

#### SUNDAY SCRIPTURE:

*1 Kings 19:4-8*

*Psalms 33*

#### Taste and see that the Lord is good.

*Ephesians 4:30-5:2*

#### Alleluia, alleluia!

**If anyone loves me he will keep my word,  
and my Father will love him,  
and we shall come to him.**

#### Alleluia!

*John 6:41-51*

## SACRAMENTS

**BAPTISMS** For baptisms please register your application [click here](#). For more information contact Deacon John Proctor or Deacon Stephen Godwin.

**FIRST HOLY COMMUNION** If you have a child who is coming to Mass regularly, for whom preparation for First Communion may be appropriate, please use our online form to register your interest. [Click here](#)

**CONFIRMATION** If you have a child who in secondary school from Sept 2024, please use our online form to register your interest in our youth faith formation. [Click here](#)

**MARRIAGES** Please speak to the priest for guidance.

**FUNERALS** Do your family know your wishes with regards to your funeral? Registered parishioners can provide these details which are scanned and stored confidentially with your parishioner record and can be given to families at the appropriate time. Contact Desiree for more details:  
[office@salisbury Catholics.org](mailto:office@salisbury Catholics.org)