

# SALISBURY CATHOLIC CHURCHES

HOLY REDEEMER + ST GREGORY + ST OSMUND

Part of the Clifton Diocese: Registered Charity 1170168 Company No 10462074



## ADVENT WEEK 3 (C) GAUDETE SUNDAY

### From Father Anthony...

I abandoned the car and found some high ground. It was bitterly cold. Watery light poured through cracks in the sky; wood smoke lingered on the air. Somewhere below ponies neighed: crows circled. Bleak fields rolled away to the horizon and the Great Spire looked tiny. I enjoyed the scene and felt refreshed. Back in the warmth of the car I gave some thought as to what I would write about this week.

The word *'refreshing'* cropped up several times. One definition is, *'Bringing new energy and strength in a pleasant and often unexpected way'*. Change can be refreshing. At the heart of the Gospel there is a call to change; a call to be refreshed. The scriptural word we use is *repentance*. Repentance often conjures up a scene of *coming before God, either in prayer or Confession, so as to demonstrate sorrow for sin with a promise to be good in future*. Nothing wrong with that! The word we translate as *repentance* is *metanoia* (μετάνοια): it literally means, *'a change of mind'*. Just as a change of scene can be refreshing so too can a change of mind... *a change of thinking*. Scripturally, *metanoia* (*repentance*) might be expressed as, *the desire and intention to ascend from conditioned, monotonous, secular based thinking – which influences our actions - to an attitude of mind that thinks, and influences action, according to the rule of Spirit, i.e. we intentionally seek the possibilities and conditions in our lives where we may express the life of Spirit*.

In Gospel terms we, *'share with the person who has none'*, *'stop collecting more than is owed'*, *'do not practice extortion'*, *'do not falsely accuse anyone, 'be satisfied with your wages'*. What we *let go* (*abandon*) in our attempt to change is the *chaff* mentioned in the Gospel. We relax our reliance on secular and circular ways of thinking and acting that keep us immersed in our own darkness. We *immerse* (*baptise*) our mind in the fire of repentance (*change*)... and experience the refreshing light of Spirit.

The Gospel tells us that repentance is *Good News*. We are enlivened and refreshed by the experience. Repentance leads us to the *spiritual state* of John - *God is gracious*. This state is preparatory to the experience of Christ. As we abandon our old ways and are immersed in Spirit, God leans towards and touches us with His light (*grace*).

**ADVENT PENITENTIAL SERVICES**  
with the opportunity for individual confession

St Gregory - 7pm 14 December  
St Osmund - 7pm 21 December\*

**ADVENT REFLECTION**  
followed by Benediction

St Osmund - 6pm on Tuesday  
14\* of December.

All welcome in person and \*online.

**A FUTURE  
FULL  
OF HOPE**  
CLIFTON DIOCESE

### PASTORAL TEAM

**Rev Anthony B Paris VF** (Parish Priest)  
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**Rev John Proctor** (Deacon)  
07802 631968  
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### Parish Office

Open: Monday-Friday 0900 - 1700

**01722 562703**  
[office@salisburycatholics.org](mailto:office@salisburycatholics.org)

**Caroline Williams**  
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**Tony Peters-Ennis**  
[outreach@salisburycatholics.org](mailto:outreach@salisburycatholics.org)

### OUR CHURCHES

**St Osmund**  
95 Exeter Street SP1 2SF

**St Gregory & the English Martyrs**  
St Gregory's Ave SP2 7JP

**Most Holy Redeemer**  
Fotherby Crescent SP1 3EG

**Chapel of the Good Shepherd**  
Barford Lane, Downton SP5 3QA

**Chapel of the Holy Family**  
Southampton Rd, Whaddon SP5 3EB

**NEW TO THE PARISH?**  
We wish you a very warm welcome.  
Please register online at:  
<https://salisburycatholics.org>  
click "Registration/update"

**REGISTERED PARISHIONERS  
TO DATE : 2846**

## GAUDETE SUNDAY - 12 DECEMBER

On this, the third Sunday of Advent or Gaudete Sunday, we sense a definite mood change. The austerity of what can be a sombre though hope-filled penitential season is replaced by a shift of emphasis. We see a burst of colour appearing at the Mass today as rose-coloured vestments and advent candle replace the violet and we are urged at the Introit to: 'Rejoice in the Lord and again I say rejoice' or *Gaudete in Domino semper*, hence Gaudete Sunday. For more, click on the image in the 'Top News' box or [click here](#).

## SAINT LUCY, VIRGIN, MARTYR - 13 DECEMBER

St Lucy (283-304) was born in Syracuse, Sicily, where she also died. She was of a noble Greek family, and was brought up as a Christian by her mother, who was miraculously cured at the shrine of St. Agatha in Catania. Like so many of the early martyrs, Lucy had consecrated her virginity to God and had devoted all her worldly goods to the service of the poor. For more click on the image in the 'Top News's box or [click here](#).

## SAINT JOHN OF THE CROSS, PRIEST - 14 DECEMBER

In his life and writings, John of the Cross has a crucial word for us today. We tend to be rich, soft and comfortable. We shrink even from words like self-denial, mortification, purification, asceticism and discipline. We run from the Cross. John's message - like the Gospel - is loud and clear: Don't - if you really want to live! For the life story of St John click on his image in the 'Top News' box or [click here](#).

**THE 'O' ANTIPHONS** Beginning on the 17 December and for seven days following, a special antiphon is read before the Magnificat during Evening Prayer. These special antiphons express humanity's desire and longing for God, a longing which has existed throughout the history of God's people from the beginning of time through Abraham, Moses and David. A history which was fulfilled on the night when Emmanuel (God with us) was born. Each prayer begins with one of seven Old Testament titles for the Messiah now attributed to Jesus. These are a wonderful prayer resource to help us in our Advent preparations. You will find them by clicking on the button 'The 'O' Antiphons' on our home page or [click here](#).

**CHRISTMAS MESSAGES...**If you would like to leave a Christmas message for fellow parishioners whom you may not have seen for a while in these COVID times, why not use our online Christmas Card message board. It is very simple to use and there are some brief instructions above the board on how to use it. Please only use the message board for **fellow parishioners only**. You can find it by clicking on the 'Christmas Message' button on our homepage or [click here](#). Please do NOT leave Christmas cards for fellow parishioners in the church porches or send them to the parish office. Many thanks.

**Sister Jude:** The death has occurred of Sister Eileen Healey of The La Retraite Sisters who spent many years in Salisbury. In her religious life she was known as Sister Jude. Her Requiem Mass will be in Burnham on Sea on Tuesday 14 December at 12 Noon. Please keep her in your prayers.

**Children's Christmas get-together at St Gregory's** this Sunday 12 December after 9am Mass. Come and join us and bring some mince pies and cakes to share. Children are especially invited to make some decorations to hang on the tree.

**SCORE** The next SCORE collection is on 19 December and will be for local projects. Please use your pink envelope or one clearly marked SCORE or donate online ([click here](#)).

**SCORE update** December 2021. At the latest SCORE committee meeting a total of £11,000 was awarded in grants. The 4 charities submitting successful applications were: Your Salisbury Pantry (£3,000); Christian Relief and Education for South Sudanese (£3,000); The Bridge Youth Project (£2,500); Hope Exchange, South Africa, Feed5000 project (£2,500). More details can be found on our website, together with dates for SCORE collections and meetings in 2022. [Click here](#).

**My Generation** meets next Wednesday 15 December at 2pm in St Gregory's Hall for Christmas fun and games with refreshments supplied. For information please contact Chris 321109.

## UPDATED GOVERNMENT GUIDANCE ON FACE-COVERINGS

The government have announced that face coverings are compulsory once again from Friday 10 December in most indoor venues in England and this includes places of worship. Please wear a mask when you enter our churches unless you are exempt from doing so. Many thanks.

### FOR A SYNODAL CHURCH: COMMUNION, PARTICIPATION, MISSION

The Diocese are offering a further preparation session on 12 January in how to facilitate for those facilitating Synod Listening Conversations in the parish. This and all of the information on the Synod including explanatory videos are on our website by clicking the 'Synodal Church' button on our homepage or [click here](#).

**Children's Liturgy of the Word at Mass** at St Osmund's during Advent. It's a chicken-and-egg thing: we haven't restarted children's liturgy because there are not many children and young families back at Mass yet but... maybe they are not back at Mass *because* we haven't reinstated this...! We just can't know for sure and so are reinstating it at one Mass throughout Advent to see how it goes. Thanks to our volunteers from the 9am & 11am Masses who are joining together to make this happen. We look forward to seeing your children there!

**Liturgy – A Call to Love** Our Diocesan Liturgy Office has now produced a series of videos, entitled 'A Call to Love' to remind and encourage us of the importance of the Mass in our lives as Catholic Christians. In the first video Doreen Wyatt, Chair of our Diocesan Liturgy Office, introduces the series and the second 'The Church at Prayer' is by Fr Michael Fountaine. To watch, click on the 'A Call to Love' button on our homepage or [click here](#).

**Dies Domini** to promote the vital, indispensable and irreplaceable place of the Eucharist in our lives, the Bishops' Conference have produced a series of conversations for Advent called 'Dies Domini – Keeping the Lord's Day Holy'. We have Bishop Mark O'Toole, Lead Bishop for Evangelisation and Discipleship, introducing the series followed by two discussions. 'Sunday is at the heart of our Christian Life' with Sarah Adams of Clifton Diocese and 'From Mass to Mission – the Eucharist binding the Parish Community' with Joe Hopkins from the Nottingham Diocese. To listen and watch click on the image in the 'Top News' box or [click here](#).

**Luke's Gospel** We have a recording of Chapters 1 & 2 'The Infancy Narratives' read by Christopher Piggins on our website. The next recording will be published after Christmas. To watch and listen just click on the 'Luke's Gospel' button on our home page or [click here](#).

**Baptism Preparation** If you have a child that you would like to be baptised in one of our churches, you will need to attend a parents' preparation course. For baptisms at St Osmund or Holy Redeemer please contact Deacon John Proctor on 07802 631968 or email: [john.proctor@clifftondiocese.com](mailto:john.proctor@clifftondiocese.com) and at St Gregory contact Deacon Stephen Godwin by email [stephen.godwin@clifftondiocese.com](mailto:stephen.godwin@clifftondiocese.com)

**Congratulations and welcome** to Levi Musamadya who will join the Church through the Sacrament of Baptism this Sunday 12 December. Please keep Levi and his parents and godparents in your prayers at this special time

**The Nicodemus Group** The programme now continues in the new year on the 12 January 2022. Please contact us to register to attend: [nicodemus@salisburycatholics.org](mailto:nicodemus@salisburycatholics.org). For more information click the 'Explore Your Faith' item on our website main menu bar or [click here](#).

**The God Who Speaks** Fr Zachary of the Mother of God, SOLT shares a reflection for the third Sunday of Advent. He reminds us that Advent is a time of prayer and penance, to prepare for the coming of the Lord Jesus Christ at Christmas. To watch and listen [click here](#) or click on 'The God Who Speaks' button on our homepage.

**Sunday Homily by Bishop Robert Barron.** Friends, on this Gaudete Sunday, we are called to rejoice! Detach yourself from the anxieties of the world and live in the peace and joy of Christ. To listen, click on the 'Sunday Homily' button on our homepage or [click here](#).

**Children's Liturgy** from Catholic Kids Media: Rejoice! A fun Catholic reflection for kids based on the readings for the Third Week of Advent Year C. Click on 'Church TV' then select 'Children's Liturgy' or [click here](#).

# LITURGY THIS WEEK

Year C-2 Advent Week 3 and Psalter 3

## Saturday 11 December

10:00 St Osmund MASS Frank Farley RIP

## First Mass of Sunday

18:00 Holy Redeemer MASS

## SUNDAY 12 December GAUDETE SUNDAY

09:00 St Gregory MASS Brook Family RIP

09:00 St Osmund MASS Terry Fogerty RIP

11:00 St Osmund MASS Brigid Presley - Anniversary

12:15 St Osmund Ordinariate MASS

16:00 St Osmund Polish MASS

18:00 St Osmund MASS P C Chacko RIP 1st Anniversary

## Monday 13 December Saint Lucy

10:00 St Osmund MASS Mary Robson RIP

## Tuesday 14 December Saint John of the Cross

10:00 St Osmund MASS Doris Phelan RIP

All Day Exposition of the Blessed Sacrament

18:00 St Osmund Advent Reflection followed by Benediction 18:15

St Osmund Benediction

19:00 St Gregory **ADVENT PENITENTIAL SERVICE**

## Wednesday 15 December

10:00 Holy Redeemer MASS For the friends of Mary Fleming

19:00 St Osmund Ordinariate MASS Intentions of the Donors

## Thursday 16 December

10:00 St Osmund MASS For the Holy Souls

All Day Exposition of the Blessed Sacrament

18:00 St Osmund Benediction

18:30 Downton MASS

## Friday 17 December O Sapientia

10:00 St Gregory Requiem Mass - Miss Kathleen Quinn RIP  
All Welcome

19:00 St Osmund MASS In Thanksgiving

## Saturday 18 December O Adonai

10:00 St Osmund MASS Leonard Hirst RIP

15:00 Holy Redeemer Syro-Malabar Rite Mass

## First Mass of Sunday

18:00 Holy Redeemer MASS Josephine Kohlhofer RIP

### SACRAMENT OF RECONCILIATION

St Gregory Friday after 10:00 Mass:

St Osmund Saturday 10:30 - 11:00

Holy Redeemer Saturday 17:30 until Mass

### ADVENT PENITENTIAL SERVICES

St Gregory 19:00 Tuesday 14 December

St Osmund 19:00 Tuesday 21 December

# PRAYER & SCRIPTURE

## POPE FRANCIS INTENTION FOR DECEMBER

### Evangelisation: Catechists

For catechists, summoned to announce the Word of God, may they be its witnesses, with courage and creativity and in the power of the Holy Spirit. [Click here](#)

## CLIFTON DIOCESE

We pray this week for St George (Warminster).

## PLEASE REMEMBER IN YOUR PRAYERS

All those who have died recently: Sr Eileen Healey, Peter Phillips, Simon Mostyn, Elizabeth Grundy, Agnes Pace, Margaret Safe, Michael McStravick, Heather Voce, Paddy Hartigan, Kath Quinn and those whose anniversaries occur at this time. May they rest in peace and rise in glory.

## REQUIEM MASS FOR KATH QUINN

As many of you are aware, Kath's family arranged for a private cremation which has already taken place.

There will be a Mass for Kath in St Gregory's Church at 10am on Friday 17 December to which all are warmly invited. Kath was known and loved by many in both our parish and our city. Please help to spread the word of this Mass to all who knew her.

## SUNDAY SCRIPTURE

*Zephaniah 3:14-18*

*Isaiah 12:2-6*

**Sing and shout for joy  
for great in your midst is the Holy One of Israel.**

*Philippians 4:4-7*

**Alleluia, alleluia!**

**The spirit of the Lord has been given to me.  
He has sent me to bring good news to the poor.  
Alleluia!**

*Luke 3:10-18*

# SACRAMENTS

**MARRIAGES** Please speak to the priest for guidance.

**BAPTISMS** For our next parents' preparation course, please contact Deacon John Proctor by email [john.proctor@cliffondiocese.com](mailto:john.proctor@cliffondiocese.com) or on 07802 631968 to register for the next course.

**FIRST HOLY COMMUNION** If you have a child in Year 3 or above, please use our online form to apply to join our next preparation programme which will begin in 2022 [Click here](#)

**CONFIRMATION** If you have a child in Year 9 or above, please use our online form to apply to join our next preparation programme [Click here](#)