

# PARISH OF ST OSMUND

ST GREGORY + ST OSMUND

Part of the Clifton Diocese: Registered Charity 1170168 Company No 10462074

## ORDINARY TIME WEEK 16(B)

### From Father Anthony

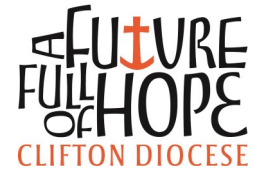
I sat in our little conservatory. Evening Primrose's nestled gracefully beneath the Bay Tree framed to the right by pink hollyhocks and blood red roses. Stained glass windows peered out of flint walls washed by morning light. Sparrows formed a choir as I prayed the Divine Office. I let the Psalms flow beyond the chattering mind to a place where thought gave way to rest; where all is known as unknown; where life and love grow like flowers in the desert.

An important aspect of life, especially the spiritual life, is *prayer and rest*. Jesus tells His disciples, and therefore us, '*come away by yourselves to a deserted place and rest a while*'. Rest is an integral part of the tapestry of creation and the tapestry of our lives (*God rested on the Seventh Day*).

For our purposes, we are concerned with a quality of rest that is induced by and follows prayer or meditation or contemplation. Prayer is communication with God; given time it moves from activity to meditation and then to contemplation. The 'contemplative state' is beyond the active or meditative mind; it operates on the edge of mind spilling over into the natural state of Love that you and I *are*. It is very close to union with God... but not quite. This closeness makes it very receptive to God's Presence because God '*can be loved but not thought*'. However, it is often experienced as *darkness* or *unknowing* because, God is beyond mental knowledge. The mind has no way of expressing its experience because there is no measure against which it can compare; God is beyond concept, ideas, thoughts, emotions and willpower. It can be a very testing time!

Those who stay with the darkness report that it is '*neutral*', '*calm*' or that they '*feel nothing*'. In time the *darkness* or *unknowing* (*the deserted place*) flowers; it brings a peacefulness or rest that gives one a sense of being full; the fulness of God's Presence. And it is to this fulness that all our other thoughts (*the vast crowds*) come to be taught, healed, transformed and dissipated.

We are wise to spend some time, morning and evening, seeking this place of rest; ditch the mobile, the laptop, the TV, the newspaper, the radio and all other distractions... just for a while! Come into His Presence and be led to a Darkness that will Light up your life.



### PASTORAL TEAM

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**Rev John Proctor** (Deacon)

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### Parish Office

Monday & Tuesday 0900 - 1600

**Wednesday CLOSED**

Thursday & Friday 0900 - 1600

**01722 562703**

**Caroline Williams**

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**Désirée Coups**

[office@salisburycatholics.org](mailto:office@salisburycatholics.org)

**Tony Peters-Ennis**

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### OUR CHURCHES

**St Osmund**

95 Exeter Street SP1 2SF

**St Gregory & the English Martyrs**

St Gregory's Ave SP2 7JP

**Chapel of the Good Shepherd**

Barford Lane, Downton SP5 3QA

### NEW TO THE PARISH?

We wish you a very warm welcome.

Please register online at:

<https://salisburycatholics.org>

"Registration/update"

## FEAST DAYS THIS COMING WEEK

[Saint Mary Magdalene Monday 22 July](#)

[Saint Bridget of Sweden Tuesday 23 July](#)

[Saint James , Apostle Thursday 25 July](#)

For more on these feasts please click on the title above or the image in the 'Top News' box.

**Glastonbury Pilgrimage last Sunday 14 July** - Over a 1000 people from our Diocese attended which included over 40 from our Parish and Christ the King. Blessed with pleasant weather they had Rosary in St Mary's Church with Adoration, Confessions and Benediction. In the Abbey grounds there was Healing prayer and a Rosary Procession from the grounds into the town. The pilgrimage concluded with Mass at 3.30pm celebrated by Bishop Bosco. We have a few photos of the event which can be viewed by visiting our Photo Gallery (button on our homepage) or [click here](#).

**Pastoral Ministry Formation and a Certificate of Catechesis** - We are invited by our Diocese to attend an online information session taking place on 29 July at 7pm (Microsoft Teams) on the upcoming courses on 'Pastoral Ministry Formation' and a 'Certificate in Catechesis'. For more information and how to attend please click on the image in the 'Top News' box or [click here](#).

**There will be no Adoration or Benediction next Tuesday 23 July due to a Funeral Service at 12:30**

**SCORE** - There will be a retiring collection for SCORE local projects next weekend 27 & 28 July.

**The Eucharist - A Bond of Love that cannot be undone Saturday 8 June** If you were unable to join us on the day; or if you were but would like to return to Fr Michael's talks, we now have the videos on our website. Please click on the image in the 'Top News' box or [click here](#).

**Catholic Social Teaching video series** We now have the third video which focuses on the second leg of the stool: Solidarity, and how our nature as social animals directs us towards supporting one another. To view click on the image in the 'Top News' box or [click here](#).

**Parish Prayer & Praise (Alabaré)** on Tuesdays at 7.30pm in our Parish Centre (except for the last Tuesday in the month - see 'Evening Supper' below). All are welcome.

**Evening Supper** on the last Tuesday of each month, the Alabaré Community host a supper for parishioners. All are most welcome but please contact Deacons John Proctor or Steve Godwin to register so that we know the numbers to cater for. There is no charge. The next supper is next Tuesday 30 July in the Parish Centre.

**Coffee and Cake** which normally follows the 10am Mass every Thursday morning will be taking a break in August. So the last get-together before the break is next Thursday 25 July with a resumption on Thursday 5 September. More volunteers to help would be most welcome.

**My Generation** will be meeting next on Wednesday 7 August for Bingo at 2pm in St Gregory's Church Hall. For further information please contact Chris on 01722 321109.

**Parish Rosary Group** which meets to pray the Rosary together via Zoom on each Wednesday at 2.30pm, will be taking a break in August and returning in September. Please contact Alison on 01722 741681 for information. Everyone is welcome to join. Never prayed the Rosary before? No problem - we are happy to help and explain it to you. We are also happy to receive prayer intentions if there is something that you would particularly like the group take to Our Lady for her intercession.

## EXPOSITION OF THE BLESSED SACRAMENT

At St Osmund's Church there is Adoration of the Blessed Sacrament twice a week, Tuesday and Thursday following the 10am Mass until Benediction at 6pm. Prayer and meditation before our Lord in the Blessed Sacrament are great ways to spend some special time with Him. You can ask Him for graces for yourself or for loved ones, reflect on His Word, or just sit in silence before the Lord. We are seeking volunteers to keep watch with the Lord and form a rota. Please do sign up by contacting the Parish Office 01722 562703 or completing the sheet in the Porch.

### FOR THE SICK OF OUR PARISH - FRIDAY 26 JULY AT ST OSMUND

Adoration at 6pm with Confessions and Anointing until Mass. All three Priests will be available.

Mass at 7pm

Confessions and Anointing will continue after Mass for as long as necessary.

Please invite anyone you know who may be in need of these Sacraments.

*Dear God, we place our sick under your care and humbly ask that you  
restore your servants to health again.*

## JOURNEY IN FAITH

After two very successful years, 'Journey in Faith' returns in September. These sessions are for adults who are interested in Christianity, but who are not confirmed Catholics. We will meet on a Sunday morning to learn about what it is Christians believe, why they believe it, and explore what it means for our own lives.

This programme can lead to becoming a confirmed Catholic through the Rite of Christian Initiation for Adults, should you choose to do so and when you feel ready. For more click on 'Exploring Your Faith' on the Main Menu of our website or [click here](#).

**Bereavement Friendship Group** The group is for anyone experiencing grief or loss, even from a while ago. A friendly hour or so among people who will listen to one another with care and encouragement. Monday mornings 10.45 - Midday in the **Parish Centre**. Any questions? Call John Detain 01722 415588.

**Congratulations and Welcome** to Thomas Silvi Flynn who received the Sacrament of Baptism last Saturday. Please keep Thomas and his parents David & Silvi and his godparents in your prayers

**Welcome to Cameron Cain** - who will be baptised at the 7pm Mass today Friday 19 July and will be received into the Church at the 11am Mass this Sunday 21 July. Both at St Osmund.

**Baptism Preparation Course** - The next course dates are 8 September at St Osmund and the 6 October at St Gregory. To register for a baptism, please click the Registration button on our homepage or [click here](#).

**Marriage Preparation** The next course is on 23/24 August and this will be the LAST one until next March. **Anyone wishing to marry in any of our churches between now until next March should attend THIS course.** Please tell anyone you know who may be planning to marry in the next year. Contact the parish office.

**Sunday Homily from Bishop Robert Barron** - He reflects on the readings for this Sunday and how they are interwoven with each other. Starting with the first reading from Jeremiah, then the Gospel from Mark, and then back to the second reading from Paul's Letter to the Ephesians, which sheds the most light on the theme, God's desire to shepherd his people, and the arrival of the shepherd in Christ. To watch and listen click on the 'Sunday Homily' button on our homepage or [click here](#).

## LITURGY THIS WEEK

Year B-2 Ordinary Time Week 16 Psalter 4

### Saturday 20 July

10:00 St Osmund MASS For the intentions of Maire Ivory

### First Mass of Sunday

18:00 St Gregory MASS Anthony Loudon RIP

### SUNDAY 21 JULY

09:00 St Gregory MASS People of the Parish

09:00 St Osmund MASS Michael Price RIP

11:00 St Osmund MASS For Family Yamatay & Cummings  
-Marie Madeleine

12:30 St Osmund Ordinariate MASS

16.30 Holy Redeemer Syro-Malabar MASS

18:00 St Osmund MASS For personal intentions

### Monday 22 July SAINT MARY MAGDALENE

10:00 St Osmund MASS Rachel Simon RIP

### Tuesday 23 July SAINT BRIDGET OF SWEDEN

10:00 St Osmund MASS Mary-Anne Clarke RIP

### No Exposition and Benediction this Tuesday

12:30 St Osmund Funeral Service Emma Middleton RIP

### Wednesday 24 July

10:00 St Gregory MASS Doris Phelan RIP

18:00 St Osmund Ordinariate Mass

### Thursday 25 July SAINT JAMES, APOSTLE

10:00 St Osmund MASS Intentions of Kevin Kelly

All Day Exposition of the Blessed Sacrament

18:00 St Osmund Benediction

### Friday 26 July Saints Joachim and Anne

10:00 St Gregory MASS Bernadette Maloney RIP

### For the Sick of the Parish at St Osmund

18:00 Adoration with Anointing & Confessions

19:00 Mass For the Sick of the Parish

19:45 Anointing & Confessions if needed

### Saturday 27 July

10:00 St Osmund MASS Thanksgiving

### First Mass of Sunday

18:00 St Gregory MASS

## RECONCILIATION

St Gregory: Fridays after the 10am Mass & Saturdays  
17:30 until Mass

St Osmund: On the first Saturday of the month from 9am to 12  
noon, and on other Saturdays after the 10am Mass

## PRAYER & SCRIPTURE

### Pope Francis Intention for July

#### For the pastoral care of the sick

We pray that the Sacrament of the Anointing of the Sick confer to those who receive it and their loved ones the power of the Lord and become ever more a visible sign of compassion and hope for all - [Click here](#)

**CLIFTON DIOCESE** We pray for the parish of St Bonaventure (Bishopston, Bristol).

#### PLEASE REMEMBER IN YOUR PRAYERS

Barry Shrimpton, Emma Middleton, Maura O'Mahony, Patrick Sellers & Lou Godwin who died recently, and all those whose anniversaries of death occur at this time. May they rest in peace and rise in glory.

We also pray for all those in our parish currently facing ill-health that they will be granted comfort, healing and strength.

#### SUNDAY SCRIPTURE:

*Jeremiah 23:1-6*

*Psalm 22*

**The Lord is my shepherd:  
there is nothing I shall want.**

*Ephesians 2:13-18*

**Alleluia, alleluia!**

**The sheep that belong to me listen to my voice,  
says the Lord,**

**I know them and they follow me.**

**Alleluia!**

*Mark 6:30-34*

## SACRAMENTS

**BAPTISMS** For baptisms please register your application [click here](#). For more information contact Deacon John Proctor or Deacon Stephen Godwin.

**FIRST HOLY COMMUNION** If you have a child who is coming to Mass regularly, for whom preparation for First Communion may be appropriate, please use our online form to register your interest. [Click here](#)

**CONFIRMATION** If you have a child who in secondary school from Sept 2024, please use our online form to register your interest in our youth faith formation. [Click here](#)

**MARRIAGES** Please speak to the priest for guidance.

**FUNERALS** Do your family know your wishes with regards to your funeral? Registered parishioners can provide these details which are scanned and stored confidentially with your parishioner record and can be given to families at the appropriate time. Contact Desiree for more details: [office@salisbury Catholics.org](mailto:office@salisbury Catholics.org)