

# PARISH OF ST OSMUND

HOLY REDEEMER + ST GREGORY + ST OSMUND

Part of the Clifton Diocese: Registered Charity 1170168 Company No 10462074

## EASTER WEEK 4 GOOD SHEPHERD SUNDAY

### From Father Anthony

Apart from occasional cloud and gusts of cold wind it was a day of clear blue and burning yellow. Waves danced, crashed and tumbled over the beach ending in long drawn out sighs; seagulls cried plaintively; dogs barked playfully. The sound of the sea washed over and through me. I closed my eyes and breathed in rhythm with the sea. I felt my body relax and thoughts soften. The sun smiled hotly on my face. It was lovely. Then an ugly, discordant, bullying sound of a siren ripped the moment apart and left it in tatters.

Sound is important. It is an integral part of any spiritual practice. Early in Genesis we read that the *'spirit (breath) of God hovered over the face of the waters'*. The word *hover* (rachaph רָחַף) means to brood... and by implication, to be relaxed, to flutter, move or shake. The word conveys vibration, sound. It is the sound of God, or the sound of God's 'thoughts', that brings the world into being. His thought vibrates and brings forth out of nothingness all life. Sound is clearly very powerful. When the *Chladni plate*, for example, vibrates in one of its modes, a pattern appears in the sand on the plate. Sound not only arranges matter; it affects emotions too. We all know how music can have us laughing or crying making us happy or sad. Jesus, implies that his sheep (*us*) know His voice (*the sound of Him*), much as a child knows the sound of a beloved parent. We do not or should not listen to the sound of strangers or follow them. But, who is the real stranger?

Thought is a form of vibration. It vibrates within and subtly affect us, especially our mood. This is why we must learn to control our thoughts. As co-creators with God our thoughts create. And, the first person they affect is us, the thinker, before they take shape in the world and affect others. Whether affected by internal or external stimuli thought resides within. Troubled thoughts can leave us angry or anxious; pleasant thoughts relaxed and happy. To follow Jesus it is necessary for us to learn to distinguish between thoughts that are of Him, that vibrate with the frequency of Christ; and those that do not... the stranger. A simple scan of our feelings and emotions will often serve to reveal which thoughts are dominating.

**Month of May** - during May we will be singing the Salve Regina after each of the weekday Masses in honour of our Lady.



### PASTORAL TEAM

**Rev Anthony B Paris VF** (Parish Priest)  
01722 333581 or 07544 053785  
[anthony.paris@cliftondiocese.com](mailto:anthony.paris@cliftondiocese.com)

**Rev Jonathan Creer** (Pastor of Sarum  
Ordinariate & Assistant Priest)  
07724 896579  
[jonathan.creer@cliftondiocese.com](mailto:jonathan.creer@cliftondiocese.com)

**Rev Joseph Columba Meigh**  
(Assistant Priest)  
01722 333581  
[joseph.meigh@cliftondiocese.com](mailto:joseph.meigh@cliftondiocese.com)

**Rev John Detain** (Deacon)  
01722 415588  
[john.detain@cliftondiocese.com](mailto:john.detain@cliftondiocese.com)

**Rev Stephen Godwin** (Deacon)  
07583 254488  
[stephen.godwin@cliftondiocese.com](mailto:stephen.godwin@cliftondiocese.com)

**Rev John Proctor** (Deacon)  
07802 631968  
[john.proctor@cliftondiocese.com](mailto:john.proctor@cliftondiocese.com)

**Parish Office**  
Monday-Friday 0900 - 1600  
**Closed Bank Holiday Monday 1 May**

**01722 562703**  
[office@salisburycatholics.org](mailto:office@salisburycatholics.org)

**Caroline Williams**  
[caroline.williams@cliftondiocese.com](mailto:caroline.williams@cliftondiocese.com)

**Désirée** [office@salisburycatholics.org](mailto:office@salisburycatholics.org)

**Tony** [outreach@salisburycatholics.org](mailto:outreach@salisburycatholics.org)

**OUR CHURCHES**  
**St Osmund**  
95 Exeter Street SP1 2SF

**St Gregory & the English Martyrs**  
St Gregory's Ave SP2 7JP

**Most Holy Redeemer**  
Fotherby Crescent SP1 3EG

**Chapel of the Good Shepherd**  
Barford Lane, Downton SP5 3QA

**Chapel of the Holy Family**  
Southampton Rd, Whaddon SP5 3EB

**NEW TO THE PARISH?**  
We wish you a very warm welcome.  
Please register online at:  
<https://salisburycatholics.org>  
click "Registration/update"

## GOOD SHEPHERD SUNDAY 30 APRIL

On Sunday the Church throughout the world prays for vocations. This year we are encouraged in Clifton Diocese to pray for vocations to the priesthood for our diocese. Please watch our two seminarians talk about vocation and their own journey to seminary, how they responded to the call, and their life at seminary: go to [www.cliftondiocese.com/vocations](http://www.cliftondiocese.com/vocations). We also have a Pastoral letter from Archbishop Malcolm McMahon and four short videos, one on the Seminary at Womersley which closed in 2021. Please click on the image in the 'Top News' box or [click here](#).

### FEAST OF THE ENGLISH MARTYRS - THURSDAY 4 MAY

On Thursday 4 May we celebrate the feast of the English Martyrs and call to mind not only the forty priests, religious and lay people canonised by Pope Paul VI in 1970, but also the further two hundred and forty-two declared 'Blessed' and those Catholics, many unknown, who died defending the faith. Please click on the image in the 'Top News' box or [click here](#) for a reflection by Bishop Nicholas Hudson, further background and prayer.

**This is a Patronal Feast in our Parish - of the church of St Gregory and the English Martyrs.**

**There will be Mass there at 7pm followed by a celebration in the hall - all welcome.**

**Holy Redeemer Consultation** If you have not already done so, please now complete the questionnaire available on the future of this building. Click on the homepage button or [click here](#). Printed copies are available in all our churches. There will also be an open meeting in Holy Redeemer Hall at 4.30pm on Saturday 13 May.

**Mass to Commemorate the Coronation of King Charles III** - From Wednesday 3 May until Friday 5 May, the Bishops of England and Wales ask all Catholics to pray for His Majesty and the Queen. This will culminate on Friday evening when each Parish is asked to offer a special Mass for the King before the Coronation on Saturday. **The Mass of commemoration in our Parish will occur at St Osmund next Friday 5 May at 7pm.** We do encourage as many as possible to attend. Prayer cards will be available at all our churches this weekend.

**Parking at St Elizabeth Hall** is always by permission only and can only be granted to those who are on parish business and not simply attending Mass. Historic permissions given are now rescinded. If you hold a 'pass' or permit issued years ago, please now destroy this as new permits will shortly be issued to those who need them.

**Retired Extraordinary Ministers of Holy Communion** - If you have stepped down from this role and are no longer using your pyx we would like to put it to use in the parish. We have recently commissioned a number of new EMHCs and will have to purchase a number of pyxes if some of those previously in use are not returned to us. Please drop off at the parish office if you have one that you are happy to donate. Many thanks.

**The Parish Get-Together** held at St Gregory's last Sunday was a great success. Many thanks to all those who contributed in anyway towards this event. We have some photos and a short video of the event on our website. Please visit our Photo Gallery or [click here](#).

**Rosary Group** will be praying the Rosary in St Osmund's Church on Wednesday 10 May at 2.30pm. Everyone is welcome to join. No need to book, just come along. Never prayed the rosary? No problem, we will help you. Please contact Josephine for further information on 01722 328410 or email: [josephineandgin@hotmail.co.uk](mailto:josephineandgin@hotmail.co.uk).

**Special SCORE meeting** on Monday 22 May 7 - 8.30pm in St. Osmund's Parish Rooms. There will be presentations from some of the charities supported by SCORE during 2022/23, including: Home-Start South Wiltshire; Salisbury Pantry, and EdUKaid. All parishioners are invited to attend and stay for refreshments. **Generation** will be meeting next Wednesday 3 May 2023 for a Coronation Tea at 2pm in St Gregory's Hall. For further information please contact Chris on 01722 321109.

**Salisbury Foodbank:** During May we are collecting tinned tomatoes for the Foodbank. Please place items in the box at the back of our churches.

## LIVING OUR FAITH - ENCIRCLES

ENCIRCLES was established in April 2019 as a Salisbury non-profit charity administered and operated solely by volunteers.

One of their main activities is distributing food, each evening at the Salisbury Coach Park, to the Street Homeless, our friends living in Supported Accommodation and even some of our friends who are experiencing financial difficulties right now.

Previously, much of the food, in summer, was provided by Salisbury bakeries but the supply from this source has recently been significantly reduced. Thus, ENCIRCLES is seeking volunteers to prepare 20 sandwiches and deliver them to the Salisbury Coach Park ( Near the Boathouse restaurant) at 6:50pm.

Please can you advise Mike Riding at: [Finance.Salisbury@cliffondiocese.com](mailto:Finance.Salisbury@cliffondiocese.com) , if you would like to be a 'Sandwich Volunteer'. If there are at least six volunteers, Mike will develop a rota so that each volunteer would be required to supply the 20 sandwiches, one evening, every six weeks.

## NICODEMUS GROUP 3 MAY – 7 JUNE 2023

Nicodemus Group will start again next Wednesday 3 May, 7pm at the St Elizabeth Hall, Exeter Street.

There is an open invitation to anyone who wishes to come together over a simple meal where people can share their prayers and friendship. The group is a safe space in which to encounter Jesus by meeting him in one another. Whether you are new to the Church, have grown up as a Catholic or are new to Christianity, you have a place at the table. For more information please click on 'Nicodemus Group' on our main menu or [click here](#) . For a place at the table contact Kate Bullen at [nicodemus@salisburycatholics.org](mailto:nicodemus@salisburycatholics.org)

**Pastoral Ministry Graduation** - Tomorrow Saturday 29 April two people from our parish, Annette Wells and David Blake, will be commissioned as pastoral ministers by Bishop Declan. The Mass will take place at St John the Baptist Church, Trowbridge at 12.00.

**Children's liturgy** will be starting again at the 9am Sunday Mass at St Osmund's commencing this Sunday. The liturgy is for children in Year 3 and below, please note children younger than school age need to be accompanied by an adult.

**Nuptial Mass for Francesca Rule and Shaun Elliott 13 May 1pm at St Osmund.** They would love you to come and join them. They have many non-churchgoing friends but are hoping for a wedding where the prayers are prayed, the responses articulated and the hymns sung. Parking will be available in St Osmund's School carpark.

**Baptism Preparation** the last session of the current course will occur this Sunday 30 April at St Osmund. To apply for a baptism please complete a 'Baptism Application' by clicking on the 'Registration' button on our homepage or by [clicking here](#).

**First Holy Communion Programme 2022/2023** Details are on our website, please click on 'Sacraments' on our main menu and then on 'Holy Communion' or [click here](#). The next session is this Saturday 29 April at 2pm in St Gregory's Church for the children. It is very important that all sessions are attended.

**Confirmation Programme 2023** next session will be on Friday 19 May 7pm for a Candidates' social, followed by a session, the following day (Saturday 20 May) at 11am for the candidates only. Both sessions will be held at St Osmund. The full programme is available on our website, please click on 'Sacraments' on our main menu and then select 'Confirmation' or [click here](#).

# LITURGY THIS WEEK

Year A-1 Easter Week 4, Psalter 4 and Proper of the Season

## Saturday 29 April

### SAINT CATHERINE OF SIENA

10:00 St Osmund MASS Thanksgiving for the Jacob Family

## First Mass of Sunday

18:00 Holy Redeemer MASS

## SUNDAY 30 APRIL

### Good Shepherd Sunday

09:00 St Gregory MASS People of the Parish  
09:00 St Osmund MASS Joseph Neelamkavil RIP  
11:00 St Osmund MASS For the Souls in Purgatory  
12:15 St Osmund Ordinariate MASS  
18:00 St Osmund MASS For the intention of Samantha

## Monday 1 May

10:00 St Osmund MASS Rani Jose Vazhappily RIP

## Tuesday 2 May

### Saint Athanasius

10:00 St Osmund MASS For the Souls in Purgatory

All Day Exposition of the Blessed Sacrament

18:00 St Osmund Benediction

## Wednesday 3 May

### SAINTS PHILIP AND JAMES, APOSTLES

10:00 Holy Redeemer MASS Pat Mooney RIP

12:00 St Osmund Requiem MASS Michael Stevenson RIP

18:00 St Osmund Ordinariate MASS

## Thursday 4 May

### THE ENGLISH MARTYRS

10:00 St Osmund MASS For the health of Wayne Woodford

All Day Exposition of the Blessed Sacrament

18:00 St Osmund Benediction

19:00 St Gregory MASS Patronal Feast Day

## Friday 5 May

10:00 St Gregory MASS John-Paul RIP and Friends & Family

18.20 St Osmund Stations of the Resurrection (Via Lucis).

19:00 St Osmund MASS Coronation of King Charles

## Saturday 6 May

10:00 St Osmund MASS James (Jim) O'Farrell RIP

## First Mass of Sunday

18:00 Holy Redeemer MASS Annamma Thomas RIP

## RECONCILIATION

St Gregory Fridays After the 10:00 Mass  
St Osmund Saturdays After the 10:00 Mass  
Holy Redeemer Saturdays 17:30 until Mass

And by appointment with our priests.

# PRAYER & SCRIPTURE

## Pope Francis Intention for May

### For church movements and groups

We pray that Church movements and groups may rediscover their mission of evangelisation each day, placing their own charisms at the service of needs in the world. [Click here.](#)

## CLIFTON DIOCESE

We pray this week for the parish of St Mary (Bath).

## PLEASE REMEMBER IN YOUR PRAYERS

Kenneth McNally, William Burke, Michael Stevenson, Judith Giles, Sidney Flavel, Anthony (Tony) Brady, Ray Whatley, and Pamela Finch. We also pray for those whose anniversaries of death occur at this time. May they rest in peace and rise in glory.

## SUNDAY SCRIPTURE

*Acts 2:14,36-41*

*Psalms 22*

**The Lord is my shepherd; there is nothing I shall want.**

*1 Peter 2:20-25*

**Alleluia, alleluia!**

I am the good shepherd, says the Lord;

I know my own sheep and my own know me.

**Alleluia!**

*John 10:1-10*

## SACRAMENTS

**BAPTISMS** For baptisms please register your application [click here](#). For more information contact Deacon John Proctor or Deacon Stephen Godwin.

**FIRST HOLY COMMUNION** If you have a child who will be in Year 3 or above from September 2024, please use our online form to apply to join our next preparation programme. [Click here.](#)

**CONFIRMATION** If you have a child in Year 9 or above, please use our online form to apply to join our next preparation programme. [Click here](#)

**MARRIAGES** Please speak to the priest for guidance.

**FUNERALS** Do your family know your wishes with regards to your funeral? Registered parishioners can provide these details which are scanned and stored confidentially with your parishioner record and can be given to families at the appropriate time. Contact Caroline for more details: [caroline.williams@cliftondiocese.com](mailto:caroline.williams@cliftondiocese.com)