

# PARISH OF ST OSMUND

HOLY REDEEMER + ST GREGORY + ST OSMUND

Part of the Clifton Diocese: Registered Charity 1170168 Company No 10462074

## ORDINARY TIME WEEK 5(A)

### From Father Anthony

Out of the early morning darkness a thin ribbon of translucent light emerged along the horizon. Faint at first, it expanded into a fiery red haze from which streaks of pink, blue, mauve and orange blazed across the sky. It danced off a flat, glassy sea and gave form to the distant hills of North Yorkshire. For a moment I lost my concerns, worries and preoccupations in its magnificence; for a moment I felt soaked in and refreshed by the splendour of such indescribable light. Crows and seagulls seemed to agree as they lined the beach and faced the sun.

To truly meet you, *'I must not be there'*! That is, it is better if I 'leave myself behind' along with my preconceived ideas of who and what you are. I must attempt to understand you as you are... not as I am. There is a sense in which I can become an empty vessel for you. This emptiness is not negative. It allows you to release yourself from yourself: to pour yourself out without any fear of judgement or rejection. However, because it is 'emptiness' all you will get back is yourself because the other *'is not there'*; and this might be distressing if what you pour out is dark and depressing!

Along with the emptiness there must also be a quality of fullness; something to meet. There must be a condition that reveals the truth about what you pour out; a condition that refines it, clarifies it, heals it and brings it alive so that you can see, feel and know yourself better. That fullness (*pleroma*) we often refer to as Light... spiritual Light. Jesus says, 'You are the light of the world'. You and I *are* the light of the world.

St Paul talks about *'knowing nothing in himself except Christ'... the Light. I 'get out of the way of myself'* in order to allow this Light to shine so that you may become aware of the Light in you too. The Light in one brings forth the Light in the other, (*where two or three are gathered together in my name, I am there too, Mt 18.20*)

How is this State arrived at? By coming into its presence (*presence of Christ*). We pour ourselves into this Presence (*prayer*). Here we are enlightened, forgiven and restored: here we become the Light that will heal and restore others.



### PASTORAL TEAM

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**Parish Office**  
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### OUR CHURCHES

**St Osmund**  
95 Exeter Street SP1 2SF

**St Gregory & the English Martyrs**  
St Gregory's Ave SP2 7JP

**Most Holy Redeemer**  
Fotherby Crescent SP1 3EG

**Chapel of the Good Shepherd**  
Barford Lane, Downton SP5 3QA

**Chapel of the Holy Family**  
Southampton Rd, Whaddon SP5 3EB

**NEW TO THE PARISH?**  
We wish you a very warm welcome.  
Please register online at:  
<https://salisburycatholics.org>  
click "Registration/update"

## BUILDING WORKS IN ST OSMUND CHURCH

We have more good news! With the work on the south side of the roof (external) completed ahead of schedule, the work on the *inside* of the church is now able to begin - also ahead of schedule. Well done and thank you to everyone involved in bringing this about. Work begins in earnest on Monday 6 February on the north aisle (above the internal scaffolding) and will move to the south aisle in due course. There will be strictly NO PARKING other than our priests on site during this time as contractors will need freedom to use the driveway at all times.

ALL Weekday Masses which would normally be held in St Osmund Church will once again take place in the Parish Rooms with one exception - **'The Mass for the Sick of Our Parish' on Friday 10 February at 7pm will be in the church** to enable Exposition of the Blessed Sacrament and Confessions. The organ area will be boarded over to prevent dust damage to the organ so we *may* not have use of the organ every weekend. Masses in the Parish Rooms will continue to be livestreamed via a mobile camera but you must select the **MOBILE** tab on the Church TV - immediately above and to the left of the viewing panel.

**PLEASE NOTE** - there will be no Exposition and Benediction on Tuesday and Thursday until further notice.

**SATURDAY MORNING AND ALL SUNDAY MASSES WILL TAKE PLACE IN THE CHURCH AS USUAL**

### MASS FOR THE SICK OF OUR PARISH - FRIDAY 10 FEBRUARY 7PM AT ST OSMUND

On the eve of the feast of Our Lady of Lourdes, there will be a vigil Mass offered for all those in our Parish who are suffering any form of illness. After Mass, there will be a period of Adoration and Prayer and there will be the opportunity to receive the Sacraments of the Sick and Confession. All are welcome.

**World Day of Sick 11 February** Pope Francis has published a brief message for the 31st World Day of the Sick. The Holy Father began by warning that 'sickness is part of our human experience. But if it is lived in isolation and abandonment, if it is not accompanied by care and compassion, it can become inhuman'. For more and the full message from Pope Francis click on the image in the 'Top News' box or [click here](#).

**Healing Prayer Ministry** will be held at St Gregory on Sundays commencing this Sunday 5 February after the 9am Mass at the front of the church. Healing prayer is a targeted prayer session that facilitates an encounter with God. The prayers offered are for anyone suffering from a difficulty such as financial, physical, psychological, or spiritual.

**Parish Coronation Tea - Sunday 7 May 23 at 3 pm at The White Hart Hotel.** This will be a ticketed event, all the details of the event and how to book will follow in the near future.

**Society of Our Lady of Lourdes** have provided us with the details of their 2023 Pilgrimage to Lourdes. There is a warm welcome to all on this unique working pilgrimage. All the details can be found by clicking on the image in the 'Top News' box or [click here](#). Our local contact is Sacha Blanchard [sacha@soll-lourdes.com](mailto:sacha@soll-lourdes.com)

**Salisbury Catenian Charity Quiz - Saturday 4 March 7.30pm at St Elizabeth Hall.** The evening is for the Sisters of Mercy, Addo in South Africa and their school project. The Sisters have a mission in a very deprived area with high levels of unemployment. A light supper will also be included with the quiz, further details and how to book and ticket price will follow in the near future.

**DBS** To all our parishioners who volunteer in ministry with children or who take the Blessed Sacrament to homes, care homes or the hospital, please contact the parish office and we will check that your DBS (safeguarding) certificate is up to date. Thanks to all those currently completing and returning their forms.

## RACIAL JUSTICE SUNDAY - 5 FEBRUARY

*'All are included in the mission of Christ and His Church. Let us walk together, pray together and work together'*  
We have a prayer that can be used year-round, videos for 'Walking Together', 'Working Together' and 'Praying Together', as well as images featuring Our Lady and the Child Jesus from a diverse cross-section of countries and cultures. Click on the image in the 'Top News' box or [click here](#)

**ADVANCE NOTICE - Chrism Mass in Clifton Cathedral on Wednesday 5 April.** We have booked a small coach to travel to the Chrism Mass which will be picking up in Salisbury and Amesbury. If you would like to join our priests and deacons at this Mass, please contact the office [office@salisburycatholics.org](mailto:office@salisburycatholics.org)

**Confirmation 2023** Confirmation in the Salisbury Deanery will be on 27 June this year and our programme will begin on 7 March. The deadline for applications to join the programme is **28 February** after which all applications will be deferred until 2024. If you know of anyone in school Year 9 or above who hopes to be confirmed this year, they must apply online **NOW**. Click on the 'Registration/Update' button on our homepage or [click here](#).

**Baptism Preparation** the final session of the current course occurs this Sunday 5 February at St Osmund with 9am Mass followed by a meeting in the presbytery. Details of the next course will be published in the near future. To arrange for a baptism please complete an application by clicking on the 'Registration' button on our homepage or by [clicking here](#). For further information please contact John Proctor on 07802 631968 or Steve Godwin on 07583 254488.

**First Holy Communion Programme 2022/2023** Details are on our website, please click on 'Sacraments' on our main menu and then on 'Holy Communion' or [click here](#). The next session will this Saturday 4 February at 2pm in St Gregory's Church for the children. It is very important that all sessions are attended. For further information please contact Father Anthony or Deacon John Detain.

### **Extraordinary Ministers of Holy Communion - DATE FOR YOUR DIARY**

Fr Joseph is currently organising a day for all EMHCs - those who were previously distributing Holy Communion at Mass AND those who were, or still are, taking Holy Communion to the housebound, care homes or to the hospital. The day will be on **11 March** beginning at 10am with Mass at St Gregory. Please keep this day free in your diary. Further details will be confirmed shortly. Watch this space!

**Choir for Easter Triduum in St Osmund's** - Following the wonderful success of our Advent Carol Service, Fr Joseph is, once again, organising a group of singers - this time to support and enhance the music at our Triduum liturgies in St Osmund's Church. There will be rehearsals in the weeks leading up to Easter and everyone is welcome. Please inform the office if you would like to join in - more information to follow, watch this space.

### **Tuesdays in Lent - Bewildering Books, Challenging Chapters, Villains in Verses**

There's a lot of strange stuff in the Bible! How a good Catholic grasp of Old and New Testaments will bring joy to your Lent, your life and your longings, and give glory to God. 7.30 - 8.45pm at Riverside House (way down the end of Watt Road) starting 28th February. Need a lift? Ask a deacon.

**Alabaré - The Big Sleep 10 March** in Salisbury Cathedral in aid of the homeless and vulnerable. Please support our own parishioner, Graham Herbert, who will be sleeping on the floor of the cloisters. If you would like to sponsor Graham please give him a ring on 01722 333873 or bring your sponsorship money to the parish office. You can also gain sponsorship for this worthwhile cause. Click the image in the 'Top News' box or [click here](#).

## LITURGY THIS WEEK

Year A-1 Ordinary Time Week 5 and Psalter 1

**\*Weekday Masses will be in the Parish Rooms at St Osmund.**  
except for The Mass for the Sick on Friday 10 Feb which will be in  
the Church

**NO Adoration or Benediction on Tuesday or Thursday**

### Saturday 4 February

10:00 St Osmund MASS Frank Farley RIP

### First Mass of Sunday

18:00 Holy Redeemer MASS Doris & Nick Phelan RIP

### SUNDAY 5 February

09:00 St Gregory MASS People of the Parish

09:00 St Osmund MASS Joyce Saunders RIP

11:00 St Osmund MASS Christine Morrison - get well

12:15 St Osmund Ordinariate MASS

18:00 St Osmund MASS Breeda Falconer RIP

### Monday 6 February **Saints Paul Miki and Companions**

10:00 St Osmund\* MASS David Eugene Clarke RIP

### Tuesday 7 February

10:00 St Osmund\* MASS George & Monica Pickford RIP

### Wednesday 8 February

10:00 Holy Redeemer MASS Laurence Kennedy RIP

18:00 St Osmund\* Ordinariate Mass Mgr Edwin Barnes RIP 4yrs

### Thursday 9 February

10:00 St Osmund\* MASS Mary Robson RIP

### Friday 10 February **Saint Scholastica**

10:00 St Gregory MASS Marie Smith RIP (*former elderly parishioner*)

**14:00 Holy Redeemer Requiem Mass Michael Villis RIP**

**19:00 St Osmund MASS For the Sick of the Parish**

**Followed by Adoration and Prayer and the opportunity to receive  
the Sacraments of the Sick and Confession**

### Saturday 11 February

10:00 St Osmund MASS Josephine Kohlhofer RIP

### First Mass of Sunday

18:00 Holy Redeemer MASS People of the Parish

## RECONCILIATION

St Gregory Fridays After the 10:00 Mass

**NB - There will be no confessions on Saturday 11 February**

St Osmund Saturdays After the 10:00 Mass

Holy Redeemer Saturdays 17:30 until Mass

*And by appointment with our priests.*

## PRAYER & SCRIPTURE

### POPE FRANCIS INTENTION FOR FEBRUARY

#### For Parishes:

We pray that parishes, placing communion at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need. [Click here.](#)

### CLIFTON DIOCESE

We pray this week for the parish of: St George (Warminster).

### PLEASE REMEMBER IN YOUR PRAYERS

Pamella Finch, Michael Villis, Alma Bradley and Breeda Falconer who died recently and all those whose anniversaries occur at this time. May they rest in peace and rise in glory.

### SUNDAY SCRIPTURE

*Isaiah 58:7-10*

*Psalms 111*

**The good man is a light in the darkness  
for the upright.**

*1 Corinthians 2:1-5*

**Alleluia, alleluia!**

**I am the light of the world, says the Lord,  
anyone who follows me will have the light of life.**

**Alleluia!**

*Matthew 5:13-16*

## SACRAMENTS

**BAPTISMS** For baptisms please register your application [click here](#). For more information contact Deacon John Proctor or Deacon Stephen Godwin.

**FIRST HOLY COMMUNION** If you have a child who will be in Year 3 or above from September 2024, please use our online form to apply to join our next preparation programme. [Click here.](#)

**CONFIRMATION** If you have a child in Year 9 or above, please use our online form to apply to join our next preparation programme. [Click here](#)

**MARRIAGES** Please speak to the priest for guidance.

**FUNERALS** Do your family know your wishes with regards to your funeral. Registered parishioners can provide these details which are scanned and stored confidentially with your parishioner record and can be given to families at the appropriate time. Contact Caroline for more details:  
[caroline.williams@cliftondiocese.com](mailto:caroline.williams@cliftondiocese.com)

## SHARING OUR FAITH

**Nicodemus Group** is a group of people who share their faith (or lack of it!) with others in a very simple way; by sharing a meal together and reading the Gospels. The next meeting will be on Wednesday 8 February. The venue is St Elizabeth Hall, 131 Exeter Street 7– 8.30pm.

**Journey in Faith** is an ongoing programme for adults interested in Christianity who are not confirmed Catholics. The next meeting is on Sunday 19 February at 3pm in the Parish Rooms at St Osmund.

For more information including the full programme for the Nicodemus Group please visit 'Becoming Catholic' on our website main menu or [click here](#) .Please contact Dave Blake by email [nicodemus@salisbury Catholics.org](mailto:nicodemus@salisbury Catholics.org) or phone the parish office on 01722 562703 if you are interested or wish to ask questions about any of the above.

### RITE OF ELECTION - SATURDAY 25 FEBRUARY

On the first Saturday of Lent, as at the start of every Lent, our diocesan family gathers together at Clifton Cathedral to celebrate the Rite of Election, where those who are journeying towards becoming part of our Catholic community are presented to Bishop Declan. Here, family and friends, sponsors and godparents, join with those preparing for Baptism (catechumens) and those preparing to be received into full communion with the Catholic Church (candidates). There are two important elements to this Rite - a sending and a receiving. We, the parish, 'send' those planning to join our Church at Easter. This is our public pronouncement that they are ready to enter a covenant relationship through participation in the sacramental life of the Church. Those who are 'sent' can then be received: the Bishop accepts the parish community's judgement, receives them and invites them to enter their names in the Book of the Elect. This year, we are delighted to be 'sending' 5 adults to Clifton Cathedral from our parish and all parishioners are welcome to travel to Clifton Cathedral for this liturgy. If you would like to attend, contact the parish office 01722 562703 [office@salisbury Catholics.org](mailto:office@salisbury Catholics.org) Please keep all of our candidates in your prayers as they begin this important stage in their faith journey.

The Diocese are holding a reflection evening on Wednesday 15 February, about this special ceremony: the Beauty of being Called by Name - the Rite of Election and why it matters to us all. For those who wish to attend this online session please click on the image in the 'Top News' box or [click here](#) for all the details.

**Sunday Homily from Bishop Robert Barron** in this episode he reflects on the 'Sermon on the Mount' in the Gospel of Matthew. This week, we hear Jesus compare his disciples to three things: the salt of the earth, the light of the world, and a city set on a mountain and Barron also asks how is your Christianity impacting the world around you—making it better and getting in the way of evil and wickedness? To watch and listen just click on the 'Sunday Homily' button on our homepage or just [click here](#). Video is available late on Saturday.

**Children's Liturgy** from Catholic Kids Media: 'Salt of the Earth! Light of the World!' for this the 5th Sunday in Year A . Click on the 'Children's Liturgy' button on our homepage or [click here](#).

**My Generation** will be meeting next on Wednesday 15 February 2023 for a Beetle Drive at 2pm in St Gregory's Hall. For further information please contact Chris on 01722 321109.

**Rosary Group** the group meets to pray the Rosary together via Zoom on each Wednesday at 2.30pm. Please contact Josephine on 01722 328410 or email: [josephineandgin@hotmail.co.uk](mailto:josephineandgin@hotmail.co.uk) for information. Everyone is welcome to join.