





## Signs of 'Readiness':

- Understanding the difference between right and wrong
- Is able to tell the difference between mistakes/accidents and deliberately choosing to do wrong (sin)
- Willing to forgive others, as they are forgiven
- Knows that Jesus is a forgiving person and that God loves them
- Understanding that the sacrament is a way for our sins to be truly forgiven and where we can receive grace
- Expresses sorrow and describes wrongdoing in his/her own words



## Prayers your child should know:

- Our Father
- Hail Mary
- Glory Be
- An Act of Contrition (can use a printed sheet)



## What's your role as parents?

- Encourage your child to take responsibility for their actions
- See if your child is capable to say sorry and ask forgiveness
- Pray together an 'examination of conscience'
- Celebrate their first confession and take them regularly
- Model going to the sacrament of reconciliation regularly



If you believe that your child is ready, please complete the form on our website: salisburycatholics.org/familyoffaith



