

The Holy See has released the Spiritual Testament of Pope Emeritus Benedict XVI, dated 29 August 2006.

My spiritual testament

When, at this late hour of my life, I look back on the decades I have wandered through, I see first of all how much reason I have to give thanks. Above all, I thank God Himself, the giver of all good gifts, who has given me life and guided me through all kinds of confusion; who has always picked me up when I began to slip, who has always given me anew the light of his countenance. In retrospect, I see and understand that even the dark and arduous stretches of this path were for my salvation and that He guided me well in those very stretches.

I thank my parents, who gave me life in difficult times and prepared a wonderful home for me with their love, which shines through all my days as a bright light until today. My father's clear-sighted faith taught us brothers and sisters to believe and stood firm as a guide in the midst of all my scientific knowledge; my mother's heartfelt piety and great kindness remain a legacy for which I cannot thank her enough. My sister has served me selflessly and full of kind concern for decades; my brother has always paved the way for me with the clear-sightedness of his judgements, with his powerful determination, and with the cheerfulness of his heart; without this ever-new going ahead and going along, I would not have been able to find the right path.

I thank God from the bottom of my heart for the many friends, men and women, whom He has always placed at my side; for the co-workers at all stages of my path; for the teachers and students He has given me. I gratefully entrust them all to His goodness. And I would like to thank the Lord for my beautiful home in the Bavarian foothills of the Alps, in which I was able to see the splendour of the Creator Himself shining through time and again. I thank the people of my homeland for allowing me to experience the beauty of faith time and again. I pray that our country will remain a country of faith and I ask you, dear compatriots, not to let your faith be distracted. Finally, I thank God for all the beauty I was able to experience during the various stages of my journey, but especially in Rome and in Italy, which has become my second home.

I ask for forgiveness from the bottom of my heart from all those whom I have wronged in some way.

What I said earlier of my compatriots, I now say to all who were entrusted to my service in the Church: Stand firm in the faith! Do not be confused! Often it seems as if science – on the one hand, the natural sciences; on the other, historical research (especially the exegesis of the Holy Scriptures) – has irrefutable insights to offer that are contrary to the Catholic faith. I have witnessed from afar the changes in natural science and have seen how apparent certainties melted away against faith, proved not to be science but philosophical interpretations only apparently belonging to science – just as faith, of course, in dialogue with the natural sciences, learned to understand the limits of the scope of its statements and thus its actual nature better. For 60 years now, I have accompanied the path of theology, especially biblical studies, and have seen seemingly unshakeable theses collapse with the changing generations, which turned out to be mere hypotheses: the liberal generation (Harnack, Jülicher, etc.), the existentialist generation (Bultmann, etc.), the Marxist generation. I have seen, and see, how, out of the tangle of hypotheses, the reason of faith has emerged and is emerging anew. Jesus Christ is truly the Way, the Truth, and the Life – and the Church, in all her shortcomings, is truly His Body.

Finally, I humbly ask: pray for me, so that the Lord may admit me to the eternal dwellings, despite all my sins and shortcomings. To all those who are entrusted to me, day after day, my heartfelt prayer goes out.

Benedictus PP XVI