

Session 2 – Mary & the Saints

Friends who help us to follow Jesus

The session explored how **Mary and the saints help us to draw closer to Jesus.**

Beginning with **John 2:1–11, the Wedding at Cana**, we reflected on Mary's words, "*Do whatever he tells you,*" recognising that Mary always points us towards Jesus.

We then considered **Mary's "yes" to God** in **Luke 1:26–38**, reflecting on her trust and willingness to follow God even when she did not know what lay ahead.

The group explored what it means to be a **saint**, recognising that the saints were ordinary people who allowed God to work through their lives. **Hebrews 12:1**, with its image of the "*great cloud of witnesses,*" helped us reflect on how the saints encourage us in our own journey of faith.

We also discussed why Catholics **ask Mary and the saints to pray for us**, emphasising that we worship God alone, while asking the saints to join us in prayer.

The session ended with quiet personal reflection, sharing, a closing prayer and **Compline**, the Church's traditional evening prayer.

Key message:

Mary and the saints don't take us away from Jesus — they help us to follow Jesus.