

PARISH OF ST OSMUND

ST GREGORY + ST OSMUND

Part of the Clifton Diocese: Registered Charity 1170168 Company No 10462074

ORDINARY TIME WEEK 5(A)



From Father Anthony.

The sea rarely disappoints. It is fresh, vibrant, always new, invigorating, complex, deep and terrifying. People seem to act differently around it; smiling, brisk, alive, cautious and apprehensive. This salty liquid contains life, allows travel, provides income: it covers about two thirds of the planet, produces water vapour, cloud formations and so on. I stood in desultory thought, watching Terns skim the water. A ship disappeared over the horizon. For a moment I felt my personal history, all that I had made of myself, disappear with it... a lovely feeling. No *me* anymore; yet *I* was there!

You are the salt of the earth. Jesus says we are (*collectively and individually*) the salt of the earth. He doesn't say we are *to become* the salt of the earth. Right now we are the salt of the earth. Salt preserves, purifies, heals and enhances taste: like Light, it is essential for life. These are our essential qualities; this is what we bring to the world. Many would disagree. Our experience of life, of society and the world is too often bland or indigestible or dark. We are more likely to agree with Jesus when he says, *but if salt becomes tasteless... it is good for nothing.* However, perhaps both taste and tastelessness are true of us at the same time. How?

The word translated as *become tasteless* is *μωραίνω* (*mórainó*) meaning *to become foolish, to lose savour, insipid...* the English word *moron* derives from it! Our essential self, who and what we truly has never left God; nothing has ever left God; how could it if God is all powerful, all knowing, ever present, in and as everything. Our true self is one with, in and as God (*I and the Father are one, Jn 8*). But, erroneously, since the Fall, we believe we are separate from God, developing our own image, needs, wants, laws, customs and so on (*read 1 Sam 8: 4-22*). This is the world of appearance or effect: not Cause or Reality. It is the realm of the little ego, *me* or the false self: insipid, tasteless and moronic... *mórainó*. We must come to realise this: come to know it through recognition; not just with intellectual comprehension. Our prayer or meditation must move from *asking* to *resting* in God so that God can manifest through us, as us, bringing His Light and Taste to the world.

Mass Times/Locations change from this Sunday 8 February and all the details can be found inside and on our [website](#).

PASTORAL TEAM

PRIESTS

Rev Anthony B Paris VF (Parish Priest)
01722 333581 or 07544 053785

anthony.paris@cliftondiocese.com

Rev Joseph Columba Meigh
(Assistant Priest)

01722 333581

joseph.meigh@cliftondiocese.com

Rev Tomas Krejci (Priest Sarum
Ordinariate & Assistant Priest)

tomas.krejci@cliftondiocese.com

Rev George James

(Priest in Residence at CTK, Amesbury
& Assistant Priest)

renjith.james@cliftondiocese.com

SALISBURY DEACONS

Rev John Detain (Deacon)

01722 415588

john.detain@cliftondiocese.com

Rev Stephen Godwin (Deacon)

07583 254488

stephen.godwin@cliftondiocese.com

Rev John Proctor (Deacon)

07802 631968

john.proctor@cliftondiocese.com

PARISH OFFICE

Monday & Tuesday 0900 - 1600

Wednesday CLOSED

Thursday & Friday 0900 - 1600

01722 562703

salisbury.catholic@cliftondiocese.com

OUR CHURCHES

St Osmund

95 Exeter Street SP1 2SF

St Gregory & the English Martyrs

St Gregory's Ave SP2 7JP

Chapel of the Good Shepherd

Barford Lane, Downton SP5 3QA

NEW TO THE PARISH?

We wish you a very warm welcome.

Please register online

[Click Here](#)

MASS CHANGES FROM THIS SUNDAY 8 FEBRUARY

Sunday Masses

Saturday Vigil Mass	St Gregory	5pm
Sunday Masses	St Osmund	9am
	St Gregory	9am
	St Osmund	11am
	St Osmund (Ordinariate)	12.30pm
	St Osmund	6pm

Weekday Changes

St Osmund	Monday 10am Mass now reinstated
St Osmund (Ordinariate)	Weekday evening Mass moves from Monday to Tuesday at 6pm
Benediction	Begins at 5.30pm on both Tuesdays & Thursdays in St Osmund. On Tuesdays, this will be followed by the Angelus at 6pm, followed immediately by the Ordinariate Mass.

11AM MASS AT ST OSMUND - SOLEMN MASS

Those attending the 11am Mass will encounter the use of incense, some plainchant, and some of the common prayers of the Mass to use Latin. Please contribute to a quiet and prayerful atmosphere prior to Mass by arriving in good time and leaving the rear (reserved) benches free to minimise disruption caused by latecomers. If you would be willing to assist in any way (eg. welcoming, reading, altar-serving, singing, distribution of Holy Communion...), please contact the parish office or speak to a member of the clergy. Thank you.

EMHC TRAINING DAY & RECOMMISSIONING - 7 MARCH

Fr Joseph is inviting **ALL** Extraordinary Ministers of Holy Communion to join him at 3pm in St Gregory's Hall. There will be a short talk followed by the worldwide premiere (!) of our recently-recorded training materials for EMHCs.

Ministers will be re-commissioned at the 5pm Mass at St Gregory's after the session.

Please could ALL Extraordinary Ministers of Communion please inform us whether you are able to attend by completing the online form [here](#).

Lent 2026: Deanery Penitential Service with Bishop Bosco is taking place at Sacred Heart Church in Tisbury at 7pm on Thursday 5 March. The priests of our deanery will also be present to hear individual Confessions. Please click on the image in the '[Top News](#)' box for more. Transport a problem for you? If there is sufficient need, we will take a minibus and travel there together! Contact the parish office if you'd like to go but need transport.

DAY OF PRAYER FOR VICTIMS OF TRAFFICKING

This Sunday 8 February 2026, marks the Day of Prayer for the Victims of Human Trafficking. We pray for our brothers and sisters who are trapped in cycles of abuse and exploitation. May the Holy Spirit inspire a change of heart in those involved in this evil trade, and may governments recognise the enslaved not as criminals, but as victims in need of compassion and support. Please click on the image in the '[Top News](#)' box for the story of St Josephine Bakhita the Patroness of Victims of Human Trafficking and a prayer.

FOR YOUNG PEOPLE AND FAMILIES

Family of Faith (2025-6) – The next session is this **Sunday 8 February**, this and all following sessions will be after the 9am Masses at the Parish Centre on Exeter Street. The [Family of Faith](#) webpage includes helpful 'signs of readiness' documents for parents discerning their child's readiness for the Sacraments. Online forms for both sacraments are also available.

Youth Group – meets each Wednesday (in term time) at the Parish Centre at 6.30pm. Do you want to join? This is for anyone in Years 8-11 to meet up, relax, play games, chat about faith, ask questions, and pray. Know a young person that may like to come? Give them a nudge. All the dates are on our website, just click on [Youth Group](#) on our home page.

SHARING OUR FAITH

Journey in Faith – For adults who are not confirmed Catholics and for those who are returning to the faith of their childhood. The next session is this Sunday 8 February 10.30am in the **Parish Office (Newman Room) at St Osmund (change of venue for this session)**. If you are interested in joining do contact Dave Blake at salisbury.journeyinfaith@clifftondiocese.com For more including the timetable click on the '[Journey in Faith](#)' button on our home page.

Confirmation 2026 - The next key Confirmation session is Wednesday 11 March at 6.30pm in the Parish Centre. Please click on '[Confirmation](#)' on our homepage for more information.

Baptism Preparation – commenced last Sunday 1 February after the 9am Mass at St Osmund. The next course will be on 1 March after the 9am Mass at St Gregory for three consecutive Sundays, please contact the Parish Office if you wish to join. To request Baptism for your child, please click the '[Registration](#)' button on our homepage.

SCORE collection – There is a retiring collection for SCORE Home projects next weekend 14/15 February

First Friday Talk – This evening's talk (Friday 6 February) has been cancelled due to illness.

Generation will be meeting next on Wednesday 18 February 2026 for Mindful Colouring at 2pm in St Gregory's Church Hall. For further information please contact Chris on 01722 321109.

Alabaré Lent Group – From Tuesday 24 February and each Tuesday in Lent will meet at 7.30pm in the Parish Centre using Sycamore videos for input. All welcome. Tea & coffee provided.

Justice & Peace will be meeting at the Parish Centre next Friday 13 February at 7pm. The topic will be 'the process to Sainthood' through the lives of Blessed Franz Jägerstätter and Venerable Marthe Robin. Everyone is welcome.

Sunday Parking Charges There is a proposal by Wiltshire Council to align Sunday parking charges with weekday rates. This would mean that the charge for parking in the Brown Street car parks, for example, would increase from £1.90 (all day) to £5.90 (maximum of 3 hours). Please visit our [Blog](#) for the detail and how to express your concerns.

Please click on '[Parish Life](#)' on our website main menu for details of all our Parish Groups.

LITURGY THIS WEEK

Year A-2 Ordinary Time Week 5 & Psalter 1

Saturday 7 February

10:00 St Osmund MASS Yamatsy Puahi

First Mass of Sunday

17:00 St Gregory MASS Catherine Watson RIP

18:00 St Osmund Polish MASS

SUNDAY 8 FEBRUARY

09:00 St Osmund MASS Anne Gowen RIP

09:00 St Gregory MASS Intentions of Anne & Maurice Williams

11:00 St Osmund MASS Peggy O'Farrell RIP

12:30 St Osmund Ordinariate MASS

18:00 St Osmund MASS People of the Parish

Monday 9 February

10:00 St Osmund MASS Michael, Peter & Susan Leyden RIP

Tuesday 10 February Saint Scholastica

10:00 St Osmund MASS Pat & Errol Rayner in sickness

All Day Exposition of the Blessed Sacrament

17:30 St Osmund Benediction

18:00 St Osmund Ordinariate MASS

Wednesday 11 February

10:00 St Gregory MASS Marie Therese Farley RIP

Thursday 12 February

10:00 St Osmund MASS (G) Maria Herbridge RIP

All Day Exposition of the Blessed Sacrament

17:30 St Osmund Benediction

Friday 13 February

10:00 St Gregory Rosary

11:00 St Osmund Funeral Service Christopher Warren RIP

18:00 St Osmund MASS Frank Farley RIP

SATURDAY 14 FEBRUARY STS CYRIL, MONK & METHODIUS

10:00 St Osmund MASS Mary Robson RIP

First Mass of Sunday

17:00 St Gregory MASS Maurice Petty RIP

RECONCILIATION

St Gregory: Saturdays 4.30pm until Mass

St Osmund: Saturdays 9.30am until 12 noon

PRAYER & SCRIPTURE

PAPAL PRAYER INTENTION FOR FEBRUARY

For children with incurable diseases

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

CLIFTON DIOCESE - We pray for the parishes of The Abbey Church (Downside) and St Benedict (Stratton-on-the-Fosse).

PLEASE REMEMBER IN YOUR PRAYERS

Orlando Saraze, Joan Conner, Veronica Barreiro, Rosemary Thomas, Christopher Warren, Patricia Dry, Shane O'Neill, Michael Pearce, Michael Keegan, Monte Little, Mary Conaway who died recently, and all those whose anniversaries of death occur at this time. May they rest in peace and rise in glory.

We also pray for all those in our parish currently facing ill-health that they will be granted comfort, healing and strength.

SUNDAY SCRIPTURE:

Psalm Response

A light rises in the darkness for the upright.

Gospel Acclamation

Alleluia, alleluia.

I am the light of the world, says the Lord; whoever follows me will have the light of life.

Alleluia.

SACRAMENTS

BAPTISMS Please request using this online [form](#). For more information contact Deacon John Proctor or Deacon Stephen Godwin.

FIRST HOLY COMMUNION If you have a child who is coming to Mass regularly, for whom preparation for First Communion may be appropriate, please [register](#) your interest in our Family of Faith programme.

CONFIRMATION 2027 For children who are year 9 or above please visit the Confirmation [page](#) our website.

MARRIAGE Please speak to a priest for guidance at least six months in advance of your hoped-for wedding date.

FUNERALS Do your family know your wishes with regards to your funeral? Registered parishioners can provide these details which are stored confidentially with your parishioner record and can be given to families at the appropriate time.

Contact Désirée: salisbury.catholic@cliftondiocese.com